

GUIDE TO MATERIALS FOR USE IN TEACHING CLINICAL NUTRITION IN SCHOOLS OF MEDICINE, DENTISTRY, AND PUBLIC HEALTH^{1,2}

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In recent years the office of the American Society for Clinical Nutrition (ASCN) and the members of the Committee on Education⁴ have been asked increasingly to recommend textbooks and other resources that could be used for teaching clinical nutrition, or which should be available to students or to clinicians in practice. We were aware that The Nutrition Foundation published an annotated bibliography (1) to meet this need a number of years ago but the citations were no longer current. The Chicago Nutrition Association also publishes an annotated reference list (2) that includes some of the material being requested from the ASCN office. Although the latter publication is updated periodically, it was not believed to be sufficiently comprehensive for the clinical nutrition community. Thus, the need for a more complete guide became apparent.

After careful consideration, the Committee decided that the most appropriate way to approach this problem would be to obtain information directly from those actively engaged in teaching nutrition. Two-hundred

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- 2 Address reprint requests to the Society at the following address: 9650 Rockville Pike, Bethesda, MD 20814, USA.
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- 4 Members of the Committee on Education are: MS Read, Chairman (NICHD); GJ Christakis (University of Miami), WJ Darby (Vanderbilt University); EB Feldman (Medical College of Georgia); DS McLaren (University of London); ME Shils (Memorial Sloan-Kettering Cancer Center).

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three such individuals were identified as being actively engaged in teaching clinical nutrition or related basic sciences, or in continuing nutrition education. Through a questionnaire they were invited to submit the names of textbooks, reference resources, audiovisual aids, and other materials which they have found to be particularly useful in their teaching activities.

More than a third of those contacted responded by listing three to five citations for inclusion in the proposed guide. These citations were compiled into a list which was once again mailed to the 203 contacts. In this mailing they were asked to review all materials which had been submitted, indicating those that they recommended or did not recommend, and providing additional comments concerning content or appropriateness for different audiences. A total of 111 individuals contributed to the development of the compilation which follows.

The responses have been organized under eight headings:

- A Reference Resources
- B General Textbooks and Monographs
- C Specialized Textbooks and Monographs
- D Popular Texts Suitable for Teaching
- E Selected Publications from Industry
- F Teaching Modules and Audiovisuals
- G Annual Review Series
- H Recommended Journals and Periodicals
 - 1 Primary
 - 2 Secondary

The entries have been listed alphabetically under author or editor in each category. Columns have been provided to indicate whether the textbook or resource material is most suitable for the basic sciences, clinical teaching, or continuing education. In some cases, the recommendations varied widely concerning whether a book should or should not be used. Therefore, the table has been organized to indicate the number of participants who commented on each entry, with the numbers of respondents listed under columns for excellent, good, or do not recommend. In addition, a summary of the specific comments offered by the respondents is provided in the final column whenever possible. In this way users of this guide will know how well known and widely used a given resource may be, and what the strengths or weaknesses may be.

In general, we have omitted from the listing any reference material not cited by at least five respondents. It is recognized that this may omit some of the newer publications which have had less time to be evaluated and adopted. However, a revision of this list in the next few years will permit more recent materials to be included. An exception to this operating rule was applied to the audiovisual resources category. Here, we found that the resources were not widely known, are harder to locate, and are less likely to have been evaluated. Therefore, in order to be included under this category, material had to be recommended for use by only two or more respondents from different institutions, not including the author or compiler.

We decided also to omit all entries more than 6 years old (1976 or before) unless they were cited as unique in content, filled a special teaching

need, or were judged not yet out of date by the reviewers.

Those interested in books published before 1977, would do well to consult the Nutrition Foundation bibliography (1) mentioned earlier which may be found in many libraries. Many of these citations may have sections which remain current and useful as library reference resources.

The industry publications posed a special problem for reviewers, some of whom expressed basic skepticism of industry as a reliable resource. On the other hand, many of these materials provide focused specialty information not readily found or covered in other reference volumes or textbooks. We have attempted to be judicious in the selection of material included, drawing heavily from the comments and recommendations of users. We have omitted all industry-sponsored newsletters from this compilation even though several are widely used and recommended. Perhaps these might be included in future editions of this guide.

Finally we would like to note that emphasis has been placed on clinical nutrition. Many excellent books of a more general nature for teaching nutrition have been omitted. Some of these may be located through the Chicago Nutrition Association compilation (2).

BIBLIOGRAPHY

1. **Selected Nutrition Reference Texts for Physicians and Medical Students.** Washington, D.C.: Nutrition Foundation, 1976.
2. **Nutrition References and Book Reviews.** 5th ed. Chicago, Illinois: Chicago Nutrition Association, 1981.

**GUIDE OF RECOMMENDED
TEACHING MATERIALS**

Author(s)/ Editor(s)	Title	Edition/date/cost	Publisher	Recommended for:			Reviewers' Evaluations:			Reviewers' comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Don't recommend	
A. Reference resources										
Anonymous	Nutrition References and Book Reviews	5th Edition 1981 \$8.00	Chicago Nutrition Association 8158 Kedzie Ave Chicago, IL 60652		X	X	6	11	—	Bibliographic compilation with annotations and reviews of nutrition publications. Updated about every 5 years.
Food and Nutrition Board	Recommended Dietary Allowances	9th Edition, 1980 \$8.00	National Academy of Sciences 2101 Constitution Ave NW Washington, DC 20418	X	X	X	42	14	—	Generally rated good to excellent, particularly when used in conjunction with USDA handbook #8.
US Dept Agriculture	Nutritive Value of American Foods—in Common Units (Handbook #456)	1975 Prices vary	US Government Printing Office Washington, DC 20402	X	X	X	31	19	—	Standard reference for those concerned with intake, analysis, and planning.
US Dept Agriculture	Composition of Foods: Handbook #8 A series	1976 Prices vary	US Government Printing Office Washington, DC 20402	X	X		28	16	1	A standard reference for those concerned with dietary intake, analysis, and meal planning. Some respondents reported it to be cumbersome to use.
AA Paul DA Southgate	McCance and Widdowson: The Composition of Foods	4th Edition 1978 \$72 Supplement \$36.50	Elsevier/North Holland Biomedical Press 52 Vanderbilt Avenue New York, NY 10017	X	X		11	12	1	Generally recognized as a standard reference, concise, and essential in any nutrition library.

Author(s)/ Editor(s)	Title	Edition/date/cost	Publisher	Recommended for:			Reviewers' Evaluations:			Reviewers' comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Don't recommend	
J Pennington HN Church	Bowes and Church's Food Values of Portions Commonly Used	13th Edition 1980 \$12.75	JB Lippincott Co E Washington Square Philadelphia, PA 19105	X	X	X	17	19	3	Generally described as well designed and convenient for those involved in meal planning and dietetics. Closely parallels content of USDA handbook #456.
B. General textbooks and monographs										
American Dietetic Association	Handbook of Clinical Dietetics	1981 \$25.00	Yale University Press 92A Yale Station New Haven, CT 06520		X	X	11	22	--	Easy to read handbook for diet planning and dietetics, very useful reference resource for clinical teaching and practice
R Alfin-Slater D Kritchevsky	Human Nutrition: A Clinical Treatise Vols 1 thru 4	1979 Vol 1 \$42.50 US \$51.00 Other Vol 2 \$39.50 US \$47.40 Other Vol 3A \$29.50 US 35.40 Other Vol 3B \$42.50 US \$51.00 Other Vol 4 \$39.50 US \$47.50 Other	Plenum Press 233 Spring Street New York, NY 10013	X	X	X	8	21	3	A very broad overview of the many diverse aspects of clinical nutrition; several reviewers stated that the multiple authorship of chapters leads to variable quality requiring selection of materials for teaching.

V Aronson B Fitzgerald	Guidebook for Nutrition Counselors	1980 \$19.50	Christopher Publishing 53 Billings Road North Quincy, MA 02170	X	X	2	4	—	A simplified approach to nutrition counseling of greatest value to dietitians, nutritionists and others in direct patient care.	
LA Barness YD Coble Jr DI MacDonald G Christakis	Nutrition and Medical Practice	1981 \$19.50 US \$21.50 Other	AVI Publishing Company 250 Post Road East PO Box 831 Westport, CT 06881	X			15	14	While generally recognized as a good textbook several reviewers noted difficulty with its organization for teaching purposes.	
GH Beaton JM Bengoa	Nutrition in Preventive Medicine—WHO Monograph Series #62	1976 \$42.75	WHO Publication Centre USA 49 Sheridan Avenue Albany, NY 12210	X		—	10	—	Although several sections of this volume need to be updated, the sections on epidemiology, planning and evaluation, and applied programs may be useful as reference or resource material for international nutrition.	
JF Brock SP Davidson R Passmore AS Truswell	Human Nutrition and Dietetics	7th Edition 1979 \$37.00	Longman, Inc. 19 W 44 Street New York, NY 10036	X	X		7	19	5	A generally well written text which is more oriented to basic science than clinical teaching.
M Chou D Harmon Jr	Critical Food Issues in the 1980s	1979 \$47.00 Hardcover \$ 9.95 Softcover	Pergamon Press Maxwell House Fairview Park Elmsford, NY 10523	X		—	3	1		
JJ Cunningham	Controversies in Clinical Nutrition	1980 \$15.95	George F Stickley Co 210 W Washington Square Philadelphia, PA 19106	X		7	16	2	Most useful for advanced students majoring in nutrition or those students with special interest in selected areas. Selected articles from the American Journal of Clinical Nutrition.	

Author(s)/ Editor(s)	Title	Edition/date/cost	Publisher	Recommended for:			Reviewers' Evaluations:			Reviewers' comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Don't recommend	
RS Goodhart ME Shils	Modern Nutrition in Health and Disease	6th Edition 1980 \$47.50	Lea and Febiger 600 Washington Square Philadelphia, PA 19106	X	X	X	31	19	3	Recognized as "the standard text" as well as a major reference resource. Its breadth and completeness of coverage make it expensive for students.
SL Halpern	Quick Reference to Clinical Nutrition	1979 \$21.50	JB Lippincott Company E Washington Square Philadelphia, PA 19105	X	X		4	10	7	Opinions ranged from "outstanding" to "superficial"; several reviewers found that the format was difficult for students to use.
RE Hodges	Nutrition in Medical Practice	1980 \$24.50	WB Saunders Co W Washington Square Philadelphia, PA 19105	X	X		10	13	9	Opinions ranged from "excellent" to "disappointing" and described by some as narrow in focus and variable in quality of individual chapters.
SM Hunt JL Groff JM Holbrook	Nutrition: Principles and Clinical Practice	1980 \$29.95	John Wiley & Sons 605 Third Avenue New York, NY 10158	X	X	X	2	4	2	
LS Hurley	Developmental Nutrition	1980 \$15.95	Prentice-Hall, Inc Englewood Cliffs, NJ 07632	X	X	X	8	8	3	

MI Irwin	Nutritional Requirements of Man: A Conspectus of Research	1980 \$15.00	Nutrition Foundation 888 Seventeenth St NW Washington, DC 20006	X	X			13	13	—	Primarily a reference resource and survey of the literature most suitable for students with nutrition training and special interests. Articles from the Journal of Nutrition.
MV Krause KL Mahan	Food, Nutrition and Diet Therapy	6th Edition 1979 \$24.50	WB Saunders Co West Washington Square Philadelphia, PA 19105	X	X	X		5	16	2	A practical guide for undergraduates and those with special interest in dietetics and diet therapy.
AE Nizel	Nutrition in Preventive Dentistry	2nd Edition 1980 \$27.50	WB Saunders Co West Washington Square Philadelphia, PA 19105	X	X	X		5	10	2	
MB Overton BP Lukert	Clinical Nutrition: A Physiologic Approach	1977 \$16.50	Yearbook Medical Publishers 35 East Wacker Drive Chicago, IL 60601		X			—	5	3	Concise; brief. Presents useful approach to nutrition support for the hospitalized patient.
CM Pemberton CF Gastineau	Mayo Clinic Diet Manual	1981 \$16.95	WB Saunders Co West Washington Square Philadelphia, PA 19105		X	X		7	16	5	Good for clinical teaching and as a resource volume.
PM Randolph	Diet, Nutrition and Dentistry	1981 \$16.95 US \$21.25 Canada \$18.00 Other	CV Mosby Co 11830 Westline Industrial Dr St Louis, MO 63141		X	X		2	4	—	
FJ Stare M McWilliams	Living Nutrition	3rd Edition 1981 \$22.95	John Wiley & Sons 605 3rd Ave New York, NY 10158	X		X		6	10	3	
FJ Stare M McWilliams	Nutrition for Good Health	1982 \$13.95	George F. Stickley, Co 210 W Washington Square Philadelphia, PA 19106		X	X		6	8	3	

Author(s)/ Editor(s)	Title	Edition/date/cost	Publisher	Recommended for:			Reviewers' Evaluations:			Reviewers' comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Don't recommend	
KB Taylor LE Anthony	Clinical Nutrition	1982 \$21.95	McGraw-Hill 1221 Avenue of Americas New York, NY 10020		X		4	2	—	Suggested as introductory textbook for student nurses.
V Thiel	Clinical Nutrition	2nd Edition 1980 \$14.95 US & Other \$18.75 Canada	CV Mosby Co 11830 Westline Industrial Dr St Louis, MO 63141		X		3	6	2	A general introductory text.
RL Weinsier CE Butterworth Jr	Handbook of Clinical Nutrition	1981 \$11.95 US \$15.00 Canada \$13.00 Other	CV Mosby Co 11830 Westline Industrial Dr St Louis, MO 63141		X	X	13	14	2	Described as "superb, concise." Good for 4th year students, house officers, and as reference for consultation; good coverage of social aspects of clinical nutrition.
DW Wilmore	Metabolic Management of the Critically Ill	1977 \$26.50	Plenum Press 233 Spring Street New York, NY 10013		X	X	10	15	—	Judged to be good to outstanding; described as a "scholarly review" for the advanced student or for self-teaching of clinicians; not suitable for beginning medical students.

M Winick	Nutrition in Health and Disease	1980 \$22.00	John Wiley & Sons 605 Third Avenue New York, NY 10158		X	X	8	16	5	
BS Worthington-Roberts	Contemporary Developments in Nutrition	2nd Edition 1981 \$23.95 US & Other \$30.00 Canada	CV Mosby Co 11830 Westline Industrial Dr St Louis, MO 63141		X	X	4	7	2	
C. Specialized textbooks and monographs										
American Academy of Pediatrics Committee on Nutrition	Pediatric Nutrition Handbook	1st Edition 1979 \$15.00	American Academy of Pediatrics PO Box 1034 Evanston, IL 60204		X	X	13	15	—	Major coverage is infancy and childhood; needs updating in some areas.
HG Birch JD Gusow	Disadvantaged Children: Health, Nutrition and School Failure	1970 \$35.00	Grune and Stratton, Inc Medical Publishers c/o Academic Press 111 5th Avenue New York, NY 10003	X		X	2	5	6	A landmark publication primarily useful for its historical perspective.
G Bray	Obesity: Comparative Methods of Weight Control	1980 \$17.50	Technomic Publishing Co, Inc 265 West State Street Westport, CT 06881		X	X	2	2	—	
F Bronner J Coburn	Disorders of Mineral Metabolism Vol 1 thru 3	1981 Vol 1 \$65.00 Vol 2 \$67.00 Vol 3 \$68.50 Set \$170.50	Academic Press 111 Fifth Avenue New York, NY 10003	X	X		6	11	3	A comprehensive treatment of mineral metabolism primarily for advanced students, those with special interests, and clinical investigators.
FP Brooks	Gastrointestinal Physiology	2nd Edition 1978 \$24.95 Hardcover \$15.95 Softcover	Oxford Univ Press 200 Madison Ave New York, NY 10016		X		4	10	—	
P Collip	Childhood Obesity	2nd Edition 1980 \$31.50	John Wright-PSG Publishing Inc 545 Great Road PO Box 6 Littleton, MA 01460		X	X	1	3	—	

Author(s)/ Editor(s)	Title	Edition/date/cost	Publisher	Recommended for:			Reviewers' Evaluations:			Reviewers' comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Don't recommend	
JE Fischer	Total Parenteral Nutrition	1976 \$32.50	Little, Brown & Co 200 West Street PO Box 902 Waltham, MA 02154		X		6	12	8	Becoming outdated but is still useful.
M Floch	Nutrition and Diet Therapy in Gastrointestinal Disease	1981 \$39.50 US \$47.50 Other	Plenum Press 233 Spring Street New York, NY 10013							
SJ Fomon	Infant Nutrition	1974 \$40.00	WB Saunders Co West Washington Square Philadelphia, PA 19105	X	X		18	12	3	A standard text which emphasizes normal nutrition and infant health; referred to by some reviewers as "classic" or "best single source"; generally recognized as needing revision and updating.
JS Garrow	Energy Balance and Obesity in Man	2nd Edition 1978 \$67.00	Elsevier-North Holland 52 Vanderbilt Ave New York, NY 10017		X	X	—	5	—	
JP Grant	Handbook of Total Parenteral Nutrition	1980 \$22.50	WB Saunders Co West Washington Square Philadelphia, PA 19105	X	X	X		15	2	Concise practical reference resource with less emphasis on underlying rationale, metabolism, and assessment.

RG Hansen AW Sorenson BW Wyse	Nutritional Quality Index of Foods	1979 \$35.00 US	AVI Publishing Company 250 Post Road East PO Box 831 Westport, CT 06881		X			1	10	2	Useful for composition tables and their applicability; limited usefulness for teaching medical students.
JN Hatchcock J Coon	Nutrition and Drug Interrelationships	1978 \$58.00	Academic Press 111 5th Ave New York, NY 10003		X			6	8	2	
GL Hill	Nutrition and the Surgical Patient	1981 \$30.00	Churchill Livingstone, Inc. 19 W 44th Street New York, NY 10036		X			2	3	2	Well organized; easy to use.
H Hubers CA Finch	Clinical Aspects of Iron Deficiency and Excess. Seminars in Hematology, Vol 19 (1)	1982 \$9.50 Single Copy	Grune & Stratton, Inc Medical Publishers c/o Academic Press 111 5th Ave New York, NY 10003	X	X	X		11	6	—	
RI Levy B Dennis N Ernst B Rifkind	Nutrition, Lipids and Coronary Heart Disease. A Global View (Nutrition in Health and Disease, Vol 1)	1978 \$57.00	Raven Press 1140 Avenue of Americas New York, NY 10036		X			3	11	1	Primarily useful as a reference, not as a textbook.
JL Mullen LD Crosby JL Rombeau	Surgical Nutrition: Surgical Clinics of North America	June 1981 \$12.50	WB Saunders Co West Washington Square Philadelphia, PA 19105		X			8	9	—	A practical, somewhat superficial overview.
AS Prasad	Trace Elements in Human Health and Disease—Vol 1 & 2	1976 \$66.00 Vol 1 \$72.00 Vol 2 \$112.00 Set	Academic Press 111 Fifth Ave New York, NY 10003	X	X			12	17	2	A comprehensive basic resource; not a text book for teaching.
MH Sleysenger LL Brandborg	Malabsorption Vol XIII in Series: Major Problems in Internal Medicine	1977 \$14.00	WB Saunders Co West Washington Square Philadelphia, PA 19105	X	X			7	9	4	Becoming out of date in fast moving area.

Author(s)/ Editor(s)	Title	Edition/date/cost	Publisher	Recommended for:			Reviewers' Evaluations:			Reviewers' comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Don't recommend	
AJ Stunkard	Obesity	1980 \$32.50	WB Saunders Co West Washington Square Philadelphia, PA 19105		X	X	14	14	1	Generally recognized as the best single volume on obesity; includes extensive coverage of the behavioral and emotional aspects of obesity.
RM Suskind	Malnutrition and the Immune Response	1977 \$48.00	Raven Press 1140 Avenue of the Americas New York, NY 10036	X	X		1	9	4	
RM Suskind	Textbook of Pediatric Nutrition	1981 \$66.00	Raven Press 1140 Avenue of the Americas New York, NY 10036	X	X		9	16	3	
SR Tannebaum	Nutritional and Safety Aspects of Food Processing	1979 \$52.75 \$28.50 5 or more copies	Marcel Dekker, Inc 270 Madison Avenue New York, NY 10016	X	X		—	4	1	
EJ Underwood	Trace Elements in Human and Animal Nutrition	4th Edition 1977 \$71.50	Academic Press 111 5th Avenue New York, NY 10003	X	X		9	15	—	Emphasis is more on animal studies than clinical applicability.
BS Worthington- Roberts J Vermeersh SR Williams	Nutrition in Pregnancy and Lactation	2nd Edition 1981 \$13.95 US & Other \$17.50 Canada	CV Mosby Co 11830 Westline Industrial Drive St Louis, MO 63141		X	X	6	11	—	Primarily for introductory courses.

D. Popular texts suitable for teaching

Anonymous	Health Quackery	1980 \$7.50	Consumer Reports Books PO Box C—719 Brooklyn, NY 11205	X		X	7	16	—	
S Barrett	The New Health Robbers	1980 \$12.95	George F Stickley, Co 210 W Washington Square Philadelphia, PA 19106			X	6	16	2	Useful exposé of health quackery.
V Herbert	Nutrition Cultism	1981 \$12.95	George F Stickley, Co 210 W Washington Square Philadelphia, PA 19106	X	X	X	15	17	3	Comments ranged from "worth reading" and "very useful" to "biased" and "polemic"; this book examines food faddism from the health, commercial, legal, and political point of view.
V Herbert S Barrett	Vitamins and "Health" Foods: The Great American Hustle	1981 \$11.95	George F Stickley, Co 210 W Washington Square Philadelphia, PA 19106	X	X	X	15	17	3	Comments ranged from "worth reading" and "very useful" to "biased" and "polemic"; this book examines health foods from the nutritional, commercial, legal, and political point of view.
FJ Stare E Whelan	Eat Ok—Feel OK	2nd Edition 1979 \$9.75	The Christopher Publishing House 53 Billings Road North Quincy, MA 02170			X	5	12	4	
E. Selected publications from industry										
Anonymous	Fundamentals of Nutritional Support	\$2.50	Travenol Laboratories Deerfield, IL 60015		X	X	—	13	—	

Author(s)/ Editor(s)	Title	Edition/date/cost	Publisher	Recommended for:			Reviewers' Evaluations:			Reviewers' comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Don't recommend	
GA Bray	Obesity: A Scope Publication	1982 \$2.00	The Upjohn Co 7000 Portage Road Kalamazoo, MI 49001	X	X	X	3	2	—	
CE Cataldo L Smith	Tube Feedings: Clinical Applications	1980 \$2.00	Ross Laboratories 2161 Dividend Drive Columbus, OH 43228		X	X	4	14	2	
M el Lozy MG Herrera MC Latham RB McGandy MB McCann FJ Stare	Nutrition: A Scope Publication	1980 \$7.00	The Upjohn Co 7000 Portage Road Kalamazoo, MI 49001	X	X	X	8	15	5	Helpful supplementary resource for medical students; good illustrative material. A slide collection is available to accompany this publication.
JD Gryboski C Hillemeir	Chronic Diarrhea in Children: A Scope Publication	1982 \$2.00	The Upjohn Co 7000 Portage Road Kalamazoo, MI 49001	X	X	X	4	—	2	
AP Letsou KM Ma CA Stollar WF Hain	A Guide to Nutritional Care	1981 No Charge	Mead Johnson Co Evansville, IN 44721		X	X	1	10	2	Brief, well organized guide of special value in the area of nutritional assessment. This guide is for use in conjunction with film entitled, "Guide to Nutritional Care."
F. Teaching modules and audiovisuals										

Anonymous	Videoclinics: CME Study Courses (3 tapes) Rehabilitation after Myocardial Infarction Obesity and Overweight The Anemic Patient	1982 \$35.00 Rent \$250.00 Buy \$45.00 Rent \$375.00 Buy \$45.00 Rent \$375.00 Buy	American Medical Association 535 N Dearborn St Chicago, IL 60610		X	X		2	1	—	Videotapes with study guides.
Anonymous	Audiovisual Listings	Ongoing	American Society for Parenteral and Enteral Nutrition 1025 Vermont Avenue NW Washington, DC 20005	X	X	X		2	6	—	Periodical update of materials bearing on parenteral and enteral nutrition in clinical practice.
Anonymous	Dialogues in Nutrition: A slide collection and audiotapes.	1976-1979 No charge	Health Learning Systems Inc Bloomfield, NJ Available from Mead Johnson Evansville, IN 47721		X	X		2	10	2	A series of discussions on selected topics prepared by staff of Mayo Clinic and Medical School in cooperation with the American Medical Association, American Dietetic Association and the Nutrition Foundation.
Anonymous	Nutrition and the MD. Audiotapes	Continuing	Nutrition and the MD 6931 Van Nuys Blvd PO Box 2160 Van Nuys, CA 91405	X	X	X		1	5	2	Practical information from symposia. May become dated.
Anonymous	Nutrition Teaching Aids	1976 and Continuing	Nutrition Today, Inc PO Box 1829 Annapolis, MD 21404	X	X	X		4	22	—	Generally very useful but quality of preparation is variable; some of material needs to be updated.
Anonymous	Introduction to Basic Nutritional Assessment	\$35.00 Rental \$125.00 Purchase	Health Sciences Audiovisual Ohio State University 1583 Perry Street Columbus, OH 43210		X	X		2	1	1	A continuing series being developed by the faculty of seven medical schools in Ohio. These videotapes are tested with intended audiences before release. Related reference materials

Author(s)/ Editor(s)	Title	Edition/date/cost	Publisher	Recommended for:			Reviewers' Evaluations:			Reviewers' comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Don't recommend	
										accompany each tape. Presently available: Body Composition; Nutrient Needs (2 tapes); Basic Metabolic Processes; Malnutrition-Diagnosis and Therapy.
Anonymous (Various)	Nutrition in Primary Care Series: Self-study modules	1980 \$4.00 per module \$50.00 full set	Dept of Family Medicine Ohio State University 456 Clinic Drive Columbus, OH 43210		X	X	1	2	—	These sixteen 45-minute modules are strongly clinical in orientation for use by students and practitioners.
Anonymous	Nutrition Management of High Risk Pregnancy: A film	1981 \$400 Film \$300 3/4 Video cassette \$35.00 1st week rental—\$15.00 each additional week	Society for Nutrition Education 1736 Franklin Street Oakland, CA 94612		X	X	3		—	For introductory courses.
DH Alpers	Nutrition: Basic Slide Collection Unit 13A, Nutrition: Energy and Protein Unit 13B, Nutrition: Vitamins and Minerals	1980—\$90.00 1981—\$128.00	Milner-Fenwick, Inc 2125 Greenspring Dr Timonium, MD 21093	X	X	X	7	12	—	A slide collection assembled by the American Gastroenterological Association. Coverage from basic biochemistry to clinical aspects; good diagrams

V Aronson	The Supermarket Struggle: A videotape	1980 \$175.00 includes study guides. \$50 rental can be applied to purchase	Nutrition Counselors Associates 5 Diehl Rd Lexington, MA 02173				1	1	1	For patient education concerning the problems of food selection and use in obesity.
LE Anthony and Associates	Nutrition: Four slide-tape presentations.	1980-82 \$250.00 each series	Dr. Luean E. Anthony Dietary Department Hermann Hospital 1203 Ross Sterling Houston, TX 77030	X	X					Covers the principles of nutrition and their application to clinical practice.
GL Blackburn MV Kaminski	Nutritional Assessment and Intravenous Support: The Use of Amino Acids for Protein (Synchronized slide and cassette tape)	1977 Available for loan	Abbott Laboratories Rts 43 and 137 Abbott Park, IL 60064	X	X	2	8	6		Several reviewers indicated that material is becoming outdated.
R Chernoff W Luther H Greene	Enteral Nutrition Support: Slide-tape	1981 No Charge	Doyle Pharmaceutical Company 5320 West 23rd Street Minneapolis, MN 55416	X	X	1	8	1		
M el Lozy MG Herrera MC Latham RB McGandy MB McCann FJ Stare	Nutrition: A Scope Presentation—A collection of 48 slides to accompany Nutrition: A Scope Manual	1980 \$25.00 (48 slides) \$.75 each	The Upjohn Co 7000 Portage Road Kalamazoo, MI 49001	X	X		3	7	1	
EB Feldman TT Kuske	Hyperlipidemia: A two-part series of slide-tape presentations	Second Edition 1979 \$105.00 each part	Medcom Products, Inc 1633 Broadway New York, NY 10019	X	X		—	7	1	
B Halvord M Downil	Nutrition Counseling: Videotape on nutrition in diabetes	\$150. Purchase (Tape and workbook) \$25. for 2 week rental \$15. Additional workbooks	Joslin Diabetes Foundation 1 Joslin Place Boston, MA 02215		X	X	3	4	—	
KN Jeejeebhoy MV Kaminsky	Indications for Parenteral Nutrition: Synchronized slides and cassette	1978 Available for loan	Abbott Laboratories Rts 43 and 137 Abbott Park, IL 60064	X	X		2	9	2	

Author(s)/ Editor(s)	Title	Edition/date/cost	Publisher	Recommended for:			Reviewers' Evaluations:			Reviewers' comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Don't recommend	
C Palmer B Halford	The Dietitian as Team Member in the Diagnosis and Management of Dental Problems: An audiotape	1980 \$13.00 Members \$18.00 Nonmembers	American Dietetic Association 430 N Michigan Ave Chicago, IL 60611		X	X	2	2	—	
G. Annual review series										
AA Albanese	Nutrition for the Elderly (Current Topics in Nutrition and Disease) Vol 3	1980 \$38.00 US	Alan R. Liss 105 Fifth Avenue New York, NY 10011		X	X	3	9	3	
WJ Darby HP Broquist RE Olson	Annual Review of Nutrition Vol 1 thru 3	Vol 1 1981 Vol 2 1982 Vol 3 1983 \$20.00—\$22.00 US depending on volume	Annual Reviews, Inc 4139 El Camino Way Palo Alto, CA 94306	X		X	21	16	1	
H Draper	Advances in Nutritional Research Vol 1 thru 5	1977, 1979, 1980, 1982 and 1983 respectively; \$35.00—\$39.50 USA depending on volume	Plenum Press 223 Spring Street New York, NY	X	X		13	10	—	

	Recommended for:			
	Basic science	Clinical teaching	Continuing education	
H. Journals and periodicals: primary				
American Journal of Clinical Nutrition	X	X	X	Edited for the physician or scientist who wishes to keep abreast of current progress in the field of clinical nutrition. Peer reviewed. Official journal of the American Society for Clinical Nutrition.
British Journal of Nutrition	X	X	X	An international journal devoted to the science of human and international nutrition. Peer reviewed.
International Journal of Obesity	X	X	X	Oriented to both metabolic and behavioral aspects of obesity, its development and treatment. Published in collaboration with the Association for the Study of Obesity.
Journal of the American Dietetic Association		X	X	Publishes original dietetic research, case studies, theoretical and review articles and commentaries. Peer reviewed.
Journal of Parenteral and Enteral Nutrition	X	X	X	Original articles dealing with parenteral and enteral nutrition interests of surgeons, dietitians, nurses and hospital pharmacists. Official publication of the American Society for Parenteral and Enteral Nutrition.
Journal of Nutrition	X	X		Edited for nutrition scientists and related research workers engaged in experimental nutrition. Peer reviewed. Official journal of American Institute of Nutrition.
Journal of Nutrition Education		X	X	To stimulate interest and research in applied nutritional sciences and to disseminate information to educators and others concerned about positive nutritional practices and policies. Peer reviewed.
Nutrition Abstracts and Reviews	X	X	X	To provide critical, authoritative up-to-date reviews in areas of importance to clinical nutrition.
Nutrition and Metabolism	X	X	X	Articles and studies concerned with nutrition, metabolic disease and dietetics.
Nutrition Reviews	X	X	X	To enable professional nutritionists to keep up with current progress in nutrition in unbiased reviews of research literature. Published by The Nutrition Foundation.
Nutrition Reports International	X	X	X	Concise reports of original research in the area of clinical and experimental nutrition. Provides a medium for rapid communication of advances and newer knowledge of nutritional biochemistry and food sciences.
H. Journals and periodicals: secondary				
Digestive Diseases and Sciences	X	X	X	Articles on gastroenterology and gastrointestinal problems. (Formerly American Journal of Digestive Diseases.)

Recommended
for:

	Basic science	Clinical teaching	Continuing education	
American Journal of Public Health		X	X	Research, reviews, commentaries and program evaluation relating to public health. Peer reviewed.
Annals of Internal Medicine	X	X	X	Clinical, laboratory, socioeconomic, cultural and historical topics pertinent to internal medicine and related fields. All manuscripts are read by the editor; most are peer reviewed.
Annals of Surgery			X	Devoted solely to the surgical sciences.
Current Concepts in Nutrition	X	X		Each volume deals with a different subject.
Gastroenterology	X	X		Devoted to clinical and basic studies of the digestive tract and liver.
Journal of Clinical Investigation	X	X	X	Original papers on research pertinent to human biology and disease.
Journal of Lipid Research	X	X		Scientific papers dealing with the chemistry, biochemistry and metabolism of lipids, including morphological and clinical studies. Peer reviewed.
Journal of Pediatrics	X	X	X	Adolescent health care; ambulatory care; child health services; preventive approaches to health via research case studies, and reviews.
Journal of Pediatric Gastroenterology and Nutrition		X	X	International forum for clinicians and scientists; an international journal of clinical, experimental and developmental investigations.
Journal of Surgical Research		X		Original articles dealing with clinical and laboratory investigations pertinent to surgical management and teaching of surgery.
Metabolism, Clinical and Experimental	X	X	X	Articles with definite metabolic application, concerned with nutrition, endocrines, genetics, dystrophies, diabetes and gout.
Pediatric Research	X	X	X	An international journal of clinical, laboratory and developmental investigation.
Pediatrics	X	X	X	Adolescent health care; ambulatory care; child health services; health care delivery systems; health manpower; health and medical economics; laws/legislation and health care; outpatient services; preventive approach to health via research, case studies, commentaries, reviews and theoretical articles.
Surgery		X		Concise, original articles in clinical and experimental surgery as well as surgical education. Peer reviewed.