

GUIDE TO MATERIALS FOR USE IN TEACHING CLINICAL NUTRITION IN SCHOOLS OF MEDICINE, DENTISTRY, AND PUBLIC HEALTH II^{1, 2}

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Bethesda, Maryland

In November, 1983, the *Guide to Materials for Use in Teaching Clinical Nutrition* (1) was published under the auspices of the Committee on Education of the American Society for Clinical Nutrition. The very positive response to that publication has prompted the successor Committee on Nutrition Education (Medical/Dental and Residency) to prepare a supplement some 3 yr later.

The methodology was similar to that used previously, namely a questionnaire was sent to nearly 400 individuals known to be involved in nutrition education for students of medicine and dentistry. More than 150 individuals from 63 schools submitted suggestions for this supplement.

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- 1 Address reprint requests to The American Society for Clinical Nutrition, 9650 Rockville Pike, Bethesda, MD 20814, USA.
- 2 This special article was prepared by the Committee on Education of the American Society for Clinical Nutrition.
The first article, entitled "Guide to Materials for Use in Teaching Clinical Nutrition in Schools of Medicine, Dentistry and Public Health," by Merrill S. Read, originally published in the *American Journal of Clinical Nutrition*, 38:775-794, 1983, was also reprinted in *Archivos Latinoamericanos de Nutrición*, Vol. 34(3): 433-454, 1984.
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Emphasis has been placed on books and materials published between 1981 and 1986. Books are cited in both lists only when new editions have appeared or when their uniqueness transcends the publication date. Therefore, it is necessary to refer to both lists to obtain a complete picture of books published in recent years.

To increase the usefulness of this compilation, we have sought published reviews of as many books as possible; citations for these are included. The comments in the final column represent a synthesis of the published reviews. When no reviews were located, these comments are the consensus of our correspondents.

It is to be noted that Section F, Teaching Modules and Audiovisuals, contains only materials specifically called to our attention. This aspect of teaching resources is expanding rapidly. The interested teacher or clinician should consult the Food and Nutrition Information Service of the National Agricultural Library, USDA or the Medlars II Retrieval Service of the National Library of Medicine, NIH for additional citations. Computer-based learning programs also are becoming available but our workgroup found this area to be too fragmented and elusive to include. For those interested in software for use in teaching programs, attention is called to the *Journal of Dietetic Software* (see Section H).

Unlike in the first guide, we have included several regularly appearing newsletters in Section I. These have been broadly recommended to us as objective and useful adjuncts to nutrition teaching and clinical practice.

Finally, an expanded list of journals, has been included for the guidance of libraries in schools of medicine, dentistry, and public health.

BIBLIOGRAPHY

1. Read M.S. Guide to Materials for Use in Teaching Clinical Nutrition in Schools of Medicine, Dentistry, and Public Health. *Am. J. Clin. Nutr.*, 38:775-794, 1983. Reprinted in *Arch. Latinoamer. Nutr.*, 34:433-454, 1984.

**GUIDE OF RECOMMENDED
TEACHING MATERIALS. II**

Author(s)/ Editor(s)	Title	Edition/ date/ cost	Publisher	Recommended for:			Reviewers' evaluations:			Review citation	Comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Do not recommend		
A Reference resources											
Food and Nutrition Board	Nutrition Education in US Medical Schools	1985 \$13.50	National Research Council National Academy Press 2101 Constitution Avenue, NW Washington, DC 20418	X	X	X	X			Am J Clin Nutr 1986; 43:643	Critical assessment of status and needs for nutrition education in medical schools.
J Pennington HN Church	Bowes and Church's Food Values of Portions Commonly Used	14th ed 1985 \$16.85	JP Lippincott Co E Washington Square Philadelphia, PA 19105		X			X		13th ed Am J Clin Nutr 1981; 34: 607 J Am Diet Assoc 1980; 17:507	Well designed and easier to use than <i>USDA Handbook #8</i> .
M Shils	Nutrition Education in Professional Schools: Proceedings of a Conference	1984	New York Academy of Medicine 2 East 103rd Street New York, NY 10029	X	X	X					Must in any review of the subject.
B General textbooks and monographs											
DH Alpers RE Clouse WF Stenson	Manual of Nutritional Therapeutics	1983 (spiral) \$17.50	Little Brown and Co 200 West Street PO Box 902 Waltham, MA 02154		X	X	X			Am J Clin Nutr 1984; 39:986 Gastroenterology 1984; 86:586	Excellent text and reference volume, clearly written, well indexed with much useful tabular material.
AE Bender DA Bender	Nutrition for Medical Students	1986 \$63.95	John Wiley and Sons 605 3rd Avenue New York, NY 10158	X	X			X		J Am Diet Assoc 1982; 81:218	Concise, not overwhelming overview of the principles of nutrition in the developing world and health issues in industrialized countries.
MA Bernard DO Jacobs JL Rombeau	Nutritional and Metabolic Support of Hospitalized Patients	1986 \$21.95	WB Saunders Co West Washington Square Philadelphia, PA 10105	X	X			X			Brief, concise, broad coverage for students, interns and residents; not enough detail for specialists in nutrition.

J. DeCristofaro	A Selected Bibliography in Nutrition Support: Nutrition Assessment, Enteral and Parenteral Nutrition and Other Related Topics	1983 \$5.95	American Dietetic Association 430 North Michigan Avenue Chicago, IL 60611		X	X		X			Nearly 700 selected references to the clinically oriented literature.
E Hamilton E Whitney	Nutrition: Concepts and Controversies	3rd ed 1985 \$30.95	West Publishing Co 50 W Kellogg Boulevard PO Box 64526 St Paul, MN 55102		X	X		X		2nd ed J Nutr Educ 1982; 14:167	Addresses many concerns and gives practical guidance
MV Krause	Food, Nutrition and Diet Therapy: A Textbook of Nutritional Care	7th ed 1984 \$37.95	WB Saunders Co West Washington Square Philadelphia, PA 19105			X		X		Mayo Clin Proc 1985; 60:503	Discussion covers cultural food behavior, overall nutrition, special diets; particularly good as introduction and for nurses and other health professionals.
MC Linder	Nutritional Biochemistry and Metabolism with Clinical Application	1985 \$58.75	Elsevier Science Publishing Co 52 Vanderbilt Avenue New York, NY 10017	X	X						Comprehensive, well-documented reference textbook with tables not readily available elsewhere.
N Nestle	Nutrition in Clinical Practice	1986 US \$16.95 Canada \$23.80 Foreign \$18.65	Yearbook Medical Publishers 35 East Wacker Drive Chicago, IL 60601		X	X		X			Broad multidisciplinary text emphasizing basic clinical and developmental aspects of nutrition.
RE Olson	Nutrition Reviews: Present Knowledge in Nutrition	5th ed 1984 \$18.00	The Nutrition Foundation, Inc 1126 16th Street, NW Washington, DC 20036	X	X	X				J Am Diet Assoc 1985; 85:391 J Nutr Educ 1985; 17:28	Clearly written, concise, well referenced reviews on each nutrient, on each stage of life cycle, and on pathological conditions; not for beginning students.
HA Guthrie	Introductory Nutrition	1986 \$31.95	CV Mosby Company 11830 Westline Industrial Drive St Louis, MO 63146		X	X		X			General text for teaching medical and dental students.

Author(s)/ Editor(s)	Title	Edition/ date/ cost	Publisher	Recommended for:			Reviewers' evaluations:			Review citation	Comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Do not recommend		
B General textbooks and monographs (cont)											
DM Paige	Manual of Clinical Nutrition	1984 (annual) \$49.95	CV Mosby Company 11830 Westline Industrial Dr St Louis, MO 63146	X	X	X	X			Am J Clin Nutr 1984; 39:984 J Am Coll Nutr 1985; 4:488 J Am Diet Assoc 1984; 84:972 J Nutr Educ 1985; 17:26	A comprehensive general text; annual subscription includes manual in three-ring binder format, updating service, and bimonthly supplements on single topic per issue.
RL Pike ML Brown	Nutrition: An Integrated Approach	3rd ed 1984 \$41.95	Macmillan Publishers 866 Third Avenue New York, NY 10022	X	X		X			J Am Diet Assoc 1985; 85:901 J Nutr Educ 1984; 16:182 JAMA 1984; 252: 3190	Excellent basic science text that integrates nutrition, biochemistry, and metabolism.
WL Scheider	Nutrition: Basic Concepts and Applications	1983 \$30.95	McGraw-Hill Book Co 1221 Avenue of the Americas New York, NY 10020	X				X		J Nutr Educ 1983; 15:147	Good book on basic nutrition including brief discussion of popular topics; useful for elective first-year course.
HA Schneider CE Anderson DB Coursin	Nutritional Support of Medical Practice	2nd ed 1983 \$39.50	JB Lippincott E Washington Square Philadelphia, PA 19105		X			X		J Nutr Educ 1984; 16:183 J Am Diet Assoc 1984; 84:131 JAMA 1984; 251: 3151 Ann Intern Med 1983; 99:888	Compact text for medical students; good compromise between a superficial and an exhaustive review.
J Weinger AM Briggs	Nutrition Update: Vol 1	1983 \$42.50	John Wiley and Sons 605 Third Avenue New York, NY 10158		X	X		X		Am J Clin Nutr 1984; 39:500 J Am Diet Assoc 1983; 83:253 J Nutr Educ 1983; 15:112	Broad array of topics directed towards all levels of nutrition education for health professionals.
	Nutrition Update: Vol 2	1985 \$54.50	John Wiley and Sons 605 Third Avenue New York, NY 10158		X	X		X		J Am Diet Assoc 1986; 86:440	
SR Williams	Nutrition and Diet Therapy	5th ed 1985 \$34.95	CV Mosby Company 11830 Westline Industrial Dr St Louis, MO 63146	X	X			X		4th ed J Nutr educ 1981; 13:164	Suitable for all dental and medical students and health care professionals.
C Specialized textbooks and monographs											
M Alfano D DePaola	Dental Clinics of North America	1987 \$49.00	WB Saunders Co West Washington Square Philadelphia, PA 19105		X	X		X			Although somewhat outdated, specialized topics are useful.
P Avogaro A Sirtori	Metabolic Effects of Alcohol: Vol 1	1979 \$72.00	Elsevier/North Holland 52 Vanderbilt Avenue New York, NY 10017		X			X		Am J Clin Nutr 1980; 33:1895	Comprehensive monograph on metabolic and nutritional effects of alcohol; individually authored chapters.
JA Bellanti	Acute Diarrhea: Its Nutritional Consequences in Children. Nestle Nutrition Workshop Series, Vol 2	1983 \$30.50	Raven Press 1140 Avenue of the Americas New York, NY 10036		X	X	X			Gastroenterology 1984; 86:776	Of primary interest to those concerned with international health issues.
FB Cerra	Pocket Manual of Surgical Nutrition	1984 \$17.95	CV Mosby Co 11830 Westline Industrial Dr St Louis, MO 63141		X	X		X			Simple style, good diagrams and tables; useful for nutrition support.
RK Chandra	Food Intolerance	1984 \$33.25	Elsevier/North Holland 52 Vanderbilt Avenue New York, NY 10017		X	X	X				Deals scientifically with difficult subject of interest to patients, public, and media.
Committee on Nutrition, American Academy of Pediatrics	Pediatric Nutrition Handbook	2nd ed 1985 \$20.00	American Academy of Pediatrics PO Box 927 141 NW Point Road Elk Grove Village, IL 60007		X	X	X				Useful, concise, complete, authoritative general text for pediatric nutrition prepared by contributing authors.
Committee on Diet, Nutrition and Cancer, National Academy of Science	Diet, Nutrition, and Cancer	1984 US \$19.95 Foreign \$24.00	National Research Council National Academy Press 2101 Constitution Ave., NW Washington, DC 20418	X	X	X	X			J Am Diet Assoc 1983; 83:399	Valuable reference; comprehensive blend of science and concern for action.

Author(s)/ Editor(s)	Title	Edition/ date/ cost	Publisher	Recommended for:			Reviewers' evaluations:			Review citation	Comments and notes	
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Do not recommend			
C. Specialized textbooks and monographs (cont)												
RE Dean	Enteral Feeding: A Practical Approach	1983 \$12.95	Pluribus Press, Inc PO Box 11403 Chicago, IL 60611		X	X			X		J Am Diet Assoc 1984; 84:740	Good introduction to techniques of nutritional support; well illustrated.
RE Dean	Total Parenteral Nutrition: Standard Techniques	1983 \$15.95	Pluribus Press, Inc PO Box 11403 Chicago, IL 60611		X	X			X		J Am Diet Assoc 1984; 84:740	Practical guide to TPN; solutions to common problems of catheter placement, care, management, and formula selection.
M Deital	Nutrition in Clinical Surgery	2nd ed 1985 US \$68.50 Foreign \$69.00	Williams and Wilkins Co 428 E Preston St Baltimore, MD 21202		X	X			X		1st ed J Am Diet Assoc 1981; 78:669	Basic principles of nutrition and nutritional support applicable to all patient populations.
J Dobbing	Maternal Nutrition in Pregnancy: Eating for Two?	1981 \$44.00	Academic Press 111 Fifth Avenue New York, NY 10003		X				X			
EB Feldman	Nutrition in the Middle and Later Years	1983 \$31.00	John Wright-PSG Publishing Inc 545 Great Road PO Box 6 Littleton, MA 01460		X	X			X		J Gerontol 1985; 40:115 J Am Diet Assoc 1983; 83:631 J Am Geriatr Soc 1986; 34:76	General reference on nutrition and aging; easy to read, overall is well balanced and carefully edited; individual chapters vary in depth of coverage; chapter on nutrition and oral health is particularly good.
JE Fischer	Surgical Nutrition	1983 \$71.50	Little Brown and Co 200 West Street PO Box 902 Waltham MA 02154		X				X			Clearly written, pointed, useful discussion.

RJ Frankle J Dwyer L Maragne A Owen	Dietary Treatment and Prevention of Obesity	1985 \$30.00	John Libbey and Co, Ltd 80-84 Bondway London, SW8-1SF UK		X				X			Excellent summary of current knowledge.
CF Gastineau WJ Darby T Turner	Fermented Food Beverages in Nutrition	1979 \$77.00	Academic Press 111 Fifth Avenue New York, NY 10003		X			X			J Nutr 1980; 12:27	Comprehensive text on nearly every aspect of alcohol: history, biochemistry, medicine.
ME Gershwin RS Beach LS Hurley	Nutrition and Immunity	1985 \$64.00	Academic Press 111 Fifth Avenue New York, NY 10003		X				X		Am J Clin Nutr 1986; 43:333	Adequate but somewhat narrow overview of rapidly moving area of considerable clinical interest
M Gracey F Falkner	Nutritional Needs and Assessment of Normal Growth: Nestle Nutrition Workshop Series, Vol 7	1985 \$32.50	Raven Press 1140 Avenue of the Americas New York, NY 10036		X	X			X			A good reference volume; not a basic textbook.
E Haller G Cotton	Nutrition in the Young and the Elderly	1983 \$29.50	Collamore Press c/o MacMillan & Co Front and Brown Sts Riverside, NJ 08075		X				X			Individually authored chapters presume a fairly good knowledge of basic nutrition.
SL Halpern	Quick Reference to Clinical Nutrition: A Guide for Physicians	1987	JB Lippincott Co E Washington Square Philadelphia, PA 19105		X	X			X			Office resource; information presented in concise, encapsulated format.
J Hefferren H Koehler JC Osborn	Foods, Nutrition and Dental Health: Sixth Annual Conference, Vol 5	1984 ADA members \$9.95 Others \$12.44	American Dental Association 211 E Chicago Ave Chicago, IL 60611	X	X	X			X			Good overview; major emphasis is on research issues.
WPT James	Obesity: Clinics in Endocrinology and Metabolism	1984 \$60.00	WB Saunders West Washington Square Philadelphia, PA 19106		X			X				Excellent monograph with extensive references on endocrine and metabolic aspects of obesity.
KN Jeejeebhoy	Total Parenteral Nutrition in the Hospital and at Home	1983 US \$84.50 Foreign \$97.00	CRC Press, Inc 2000 NW 24th Street Boca Raton, FL 33431		X				X		J Am Diet Assoc 1984; 84:868 Am J Clin Nutr 1983; 38:819 Ann Intern Med 1983; 99:888 Gastroenterology 1984; 86:1626 Gut 1984; 25:215	Short, practical guide oriented mostly toward establishing a parenteral-nutritional support team and toward home care; level of detail of presentation variable.

Author(s)/ Editor(s)	Title	Edition/ date/ cost	Publisher	Recommended for:			Reviewers' evaluations:			Review citation	Comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Do not recommend		
C. Specialized textbooks and monographs (cont)											
JA Kerner	Manual of Pediatric Parenteral Nutrition	1983 \$42.50	John Wiley and Sons 605 Third Avenue New York, NY 10158		X					Gastroenterology 1984; 86:376 J Am Diet Assoc 1984; 84:972 Gut 1984; 25:215	Practical, detailed guide with good tables and documentation.
AB Lasswell DA Roe L Hochheiser	Nutrition for Family and Primary Care Practitioners	1986 \$29.00	George F Stickley Co 210 W Washington Square Philadelphia, PA 19106		X	X		X			Practical reference for teaching residents.
RA Lawrence	Breast Feeding: A Guide for the Medical Profession	1985 \$25.95	CV Mosby Co 11830 Westline Industrial Dr St Louis, MO 63141		X			X		J Nutr Educ 1981; 13:162	A practical guide to all aspects of the clinical management of breast-feeding.
E Leberthal	Textbook of Gastroenterology and Nutrition to Infancy Vol 1: Gastrointestinal Development and Perinatal Nutrition Vol 2: Gastrointestinal Diseases and Nutrition Inadequacies	1981 (set) \$130.00	Raven Press 1140 Avenue of the Americas New York, NY 10036	X	X			X		J Am Diet Assoc 1982; 80:196 JAMA 1982; 247: 889 Gastroenterology 1982; 82:391	Good balance between science and clinical practice; easy to read.
MH Lessof	Clinical Reactions to Food	1983 \$38.00	John Wiley and Sons 605 Third Avenue New York, NY 10158		X	X		X		Am J Clin Nutr 1984; 39:984 Gut 1984; 25:1018	A brief introduction to behavioral and clinical aspects of the topic.
CS Lieber	Medical Disorders of Alcoholism: Pathogenesis and Treatment (Major Problems in Internal Medicine XXII)	1982 \$65.00	WB Saunders West Washington Square Philadelphia, PA 19105	X	X	X	X			N Engl J Med 1981; 308:728 Hepatology 1983; 3: 274 Ann Intern Med 1983; 98:428	Brings together for first time all the medical complications of alcoholism, including various nutritional disorders.
										Arch Intern Med 1983; 143:614 Mayo Clin Proc 1983; 58:410 Alcoholism: Clin Exp Res 1983; 7:423 Gastroenterology 1984; 86:212	
F Lifshitz	Pediatric Nutrition: Infant Feedings-Deficiencies-Diseases	1982 US \$65.00 Foreign \$78.00	Marcel Dekker 20 Madison Avenue New York, NY 10016		X	X		X		Gastroenterology 1984; 86:212 JAMA 1984; 251: 966	A clear, concise overview of perinatal and pediatric nutrition, including international aspects.
TO Lipman A Fletcher	A Bibliography for Specialized Nutrition Support	1987 ASPEN members \$5.00 Others \$7.50	ASPEN Suite 500 8605 Cameron Street Silver Spring, MD 20910		X	X		X			A core reference resource.
LJ Machlin	Handbook of Vitamins: Nutritional, Biochemical and Clinical Aspects	1984 US \$79.50 Foreign \$95.25	Marcel Dekker 270 Madison Avenue New York, NY 10016	X	X					J Am Diet Assoc 1986; 86:150	Comprehensive, solid volume useful for students and clinicians alike.
AO Moore DB Powers	Food Medication Interactions	1982 (1-2) ea \$9.95 (3-10) ea \$8.95 (10-20) ea \$8.25 (20-30) ea \$7.55 (30-50) ea \$6.85	California State University Food Science and Nutrition, Home Economics Dept Northridge, CA 91330		X			X			Useful but some sections are not up-to-date.
PA Neuman PA Halvorson	Anorexia Nervosa and Bulimia: A Handbook for Counselors and Therapists	1983 \$27.95	Van Nostrand Reinhold 135 W 50th Street New York, NY 10020		X			X		J Nutr Educ 1984; 16:182 J Am Diet Assoc 1984; 83:376	Very readable volume oriented towards meeting the questions of patients and their families.

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				Basic science	Clinical teaching	Continuing education	Excellent	Good	Do not recommend		
C Specialized textbooks and monographs (cont)											
GH Newell NM Ellison	Nutrition and Cancer: Etiology and Treatment	1981 \$71.00	Raven Press 1140 Avenue of the Americas New York, NY 10036		X	X				J Nutr Educ 1982; 14:125	A comprehensive overview yet sufficiently general to be highly useful for clinicians and other members of health team.
P Pencharz	Pediatric Clinics of North America 32(2): Symposium on Nutrition	1987 \$45.00	WB Saunders Co West Washington Square Philadelphia, PA 19105			X		X			Aimed at pediatric residents and practitioners; several chapters provide basic information on nutrient requirements and the composition of human milk.
C Raab J Tillotson	Heart to Heart: A Manual on Nutrition Counseling for the Reduction of Cardiovascular Risk Factors	1983 comp	NIH National Heart, Blood & Lung Inst Info Office Bldg 31, Rm 4A-2 Bethesda, MD 20892		X	X	X				Excellent resource; outlines steps in nutritional counseling useful to any health provider.
DA Roe	Geriatric Nutrition	1983 \$32.00	Prentice-Hall, Inc Rte 9W Englewood Cliffs, NJ 07632		X	X		X		J Am Coll Nutr 1985; 4:584 Am J Clin Nutr 1984; 39:173 J Nutr Educ 1984; 16:23 J Am Diet Assoc 1983; 83:511 J Gerontol 1984; 39:379	Designed as a textbook with guided questions; good coverage of the nutritional needs of the elderly and how to meet them in a practical way; useful information presented on drug-food interactions in the elderly.
DA Roe TC Campbell	Drugs and Nutrients: The Interactive Effects	1984 US \$99.00 Foreign \$119.50	Marcel Dekker 270 Madison Avenue New York, NY 10016	X	X			X			Clear, well written, useful for students and residents alike.
JL Rombeau MD Caldwell	Clinical Nutrition Vol 1: Enteral and Tube Feeding	1984 \$70.00	WB Saunders West Washington Square Philadelphia, PA 19105		X	X	X			Am J Clin Nutr 1985; 42:166 Mayo Clin Proc 1985; 60:360	Comprehensive review of present knowledge, indications, types of solutions, and clinical uses; presents theory and practice in a logical, well-planned format.
R Schemmel	Nutrition, Physiology, and Obesity	1980 US \$82.00 Foreign \$94.50	CRC press 2000 NW 24th Street Boca Raton, FL 33431		X	X		X		J Am Diet Assoc 1981; 79:97	Well-documented presentation of diverse theories and approaches; not suitable for first-time students of the topic.
H Silberman D Eisenberg	Parenteral and Enteral Nutrition for the Hospitalized Patient	1982 \$39.95	Appleton-Century-Crofts 25 Van Zant St E Norwalk, CT 06855		X	X	X			JAMA 1983; 249: 1772 Ann Intern Med 1983; 98:687	Comprehensive yet concise and readable reference volume and guide to clinical management.
MD Simko C Cowell JA Gilbride	Nutrition Assessment: A Comprehensive Guide to Planning Intervention	1983 \$36.50	Aspen Systems Publications 1600 Research Blvd Rockville, MD 20850		X	X	X			Am J Clin Nutr 1984; 40:666 J Am Coll Nutr 1985; 4:485 J Nutr Educ 1985; 17:27 J Am Diet Assoc 1986; 86:150	Excellent reference for planning, executing, and evaluating nutritional interventions based on the <i>systems approach</i> including quality assurance and cost- effectiveness measurement.
JB Stanbury JB Wyngaarden DS Fredrickson JL Goldstein MS Brown	The Metabolic Basis of Inherited Disease	5th ed 1982 \$130.00	McGraw-Hill Book Co 1221 Avenue of the Americas New York, NY 10020	X	X	X	X			JAMA 1983; 249: 3251 Ann Intern Med 1983; 99:425	The bible for inborn errors of metabolism, some of which respond to nutritional intervention.
LD Stegink LJ Filer	Aspartame: Physiology and Biochemistry	1984 US \$79.75 Foreign \$95.50	Marcel Dekker 270 Madison Avenue New York, NY 10016	X	X	X		X		J Am Diet Assoc 1986; 85:1036	Thorough review of the research and FDA review leading to approval of aspartame in food products.
A Stunkard E Stellar	Eating and its Disorders: Association for Research in Nervous and Mental Disease, Vol 62	1984 \$54.50	Raven Press 1140 Avenue of the Americas New York, NY 10036		X	X		X		Mayo Clin Proc 1984; 59:654 Am J Clin Nutr 1984; 40:187 J Nutr Educ 1984; 16:145 J Am Diet Assoc 1984; 84:1282 Gastroenterology 1985; 88:1289	In-depth analysis of the literature and its application to clinical practice.

Author(s)/ Editor(s)	Title	Edition/ date/ cost	Publisher	Recommended for:			Reviewers' evaluations:			Review citation	Comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Do not recommend		
C Specialized textbooks and monographs (cont)											
RM Suskind	Textbook of Pediatric Nutrition	1981 \$84.00	Raven Press 1140 Avenue of the Americas New York, NY 10036		X	X	X			J Nutr Educ 1982; 14:80 J Am Diet Assoc 1982; 80:195 JAMA 1981; 246:1960	Comprehensive reference of all aspects of nutrition for infants, children, and adolescents.
H Trowell D Burkitt K Heaton	Dietary Fibre, Fibre-Depleted Foods and Disease	1985 \$71.00	Academic Press, Inc 111 5th Avenue New York, NY 10003	X	X				X		Up-to-date authoritative volume on fiber.
RC Tsang	Vitamin and Mineral Requirements in Preterm Infants	1985 US \$45.00 Foreign \$54.00	Marcel Dekker 270 Madison Avenue New York, NY 10016	X	X			X		Am J Clin Nutr 1985; 45:572	Basic data on requirements and their interpretation for clinical care.
WA Walker JB Watkins	Nutrition in Pediatrics: Basic Science and Clinical Application	1985 \$77.00	Little Brown and Co 200 West Street PO Box 902 Waltham, MA 02154	X	X	X	X			N Engl J Med 1985; 312:1715 Am J Clin Nutr 1986; 44:160 J Pediatr 1985; 107:411 Gastroenterology 1985; 89:697	Comprehensive and detailed coverage of a broad range of nutrition topics; probably the best current textbook of nutrition in pediatrics.
WA Walker KM Hendricks	Manual of Pediatric Nutrition	1985 \$29.95	WB Saunders Co West Washington Square Philadelphia, PA 19105		X	X				Am J Clin Nutr 1986; 44:160 J Pediatr 1986; 108:463	Comprehensive and practical guide to the managing of clinical-nutritional problems in pediatric patients; extensive tables and figures.
RL Weinsier MS Johnston D Doleys	Time Calorie Displacement Approach to Weight Control	1983 \$9.50	George F Stickleby Publishing Co 210 West Washington Street Philadelphia, PA 19106		X	X			X		A rational nonfad approach to weight control suitable for teaching students and residents.
M Winick	Nutritional Management of Genetic Disorders: Vol 8, Current Concepts in Nutrition	1980 (paper) \$61.30 (hard-cover) \$67.30	University Microfilms, Inc 300 N Zeeb Road Ann Arbor, MI 48106		X	X	X			Am J Clin Nutr 1980; 33:2230 J Am Diet Assoc 1980; 77:110	Good for use as reference in clinical practice.
RW Winters HL Green	Nutritional Support of the Seriously Ill Patient: Bristol-Myers Nutrition * Symposia Vol 1	1983 \$32.50	Academic Press 111 5th Avenue New York, NY 10003		X				X	J Am Diet Assoc 1984; 84:1283 Gastroenterology 1984; 87:449	Primarily a reference volume; not heavily oriented to patient care.
World Health Organization Expert Committee	Energy and Protein Requirements	1984 \$9.75	WHO Publication Centre USA 49 Sheridan Avenue Albany, NY 12210		X				X		More comprehensive scientific background than the RDA's basic review of literature, problems, and recommendations.
B Worthington-Roberts J Veimeersch SR Williams	Nutrition in Pregnancy and Lactation	3rd ed \$16.95	CV Mosby Company 11830 Westline Industrial Dr St Louis, MO 63141		X					2nd ed J Nutr Educ 1981; 13:125	Good source of information on lactation.
RA Wright S Heymsfield C McManus	Nutritional Assessment	1984 US \$35.00 Foreign \$37.00	Yearbook Medical Publishers 35 E Wacker Dr Chicago, IL 60601	X	X	X			X	Am J Clin Nutr 1984; 40:1307 J Am Diet Assoc 1985; 85:392 Gut 1985; 26:645 Gastrointest Endosc 1985; 31:116 Ann Intern Med 1984; 101:577	Reference volume covering evaluation of nutritional status and requirements for hospitalized adult patients; contains tabular information not found elsewhere
D Popular texts suitable for teaching											
Anonymous	Quackery and You	1985 \$1.25	Book Department Review and Herald Pub 55 West Oak Ridge Dr Hagerstown, MD 21704	X	X	X	X				Pamphlet on nutrition quackery; excellent, brief review for all health professionals.
CW Marshall	Vitamins and Minerals. Help or Harm?	1983 \$10.95	George F Stickleby 210 W Washington Square Philadelphia, PA 19106		X			X	X	Am J Clin Nutr 1984; 39:171 J Am Diet Assoc 1984; 84:494 JAMA 1985; 253:1042	Good resource to deal with questions from patients concerning foods, eating, and food fads.

Author(s)/ Editor(s)	Title	Edition/ date/ cost	Publisher	Recommended for:			Reviewers' evaluations:			Review citation	Comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Do not recommend		
D Popular texts suitable for teaching (cont)											
AY Owen RT Frankle	Nutrition in the Community	1985 \$28.95	CV Mosby Co 11830 Westline Industrial Dr St Louis, MO 63141		X	X		X			Discusses nutrition in public health, community, and clinical settings; includes management of nutritional care at each stage in life cycle.
E Selected publishers from industry											
SC Finn	Nutritional Support System	1986 \$21.50	Aspen Publishers, Inc Hospital Material Management Quarterly 1600 Research Blvd Rockville, MD 20850		X	X					Written in layman's terms; for the novice or nonclinical personnel.
F Teaching modules and audiovisuals											
JJB Anderson	Applied Nutrition for Health Professions— Basic Nutrition	1982 \$15.00	Health Sciences Consortium 201 Silver Hill Court Chapel Hill, NC 27514	X						J Am Diet Assoc 1984; 84:612	Well-written text on both basic and clinical nutrition; functions like a programmed learning module.
Anonymous	Norwich Eaton Audio- Visual Directory	1984-85 comp	Norwich Eaton Audio- Visual Library 17 Eaton Avenue Norwich, NY 13815	X	X	X		X			Directory of 237 audiovisual presentations available for loan or purchase on wide range of medical topics including special nutrition topics.

Anonymous (various)	Nutrition and Dental Health Series	1983 Part I \$9.60 Part II \$5.00 Part III \$75.20 Part IV \$72.00 Part V \$67.20	Health Sciences Consortium 201 Silver Hill Court Chapel Hill, NC 27514	X	X	X		X			Very basic information well presented for individual instruction.
Anonymous (various)	Nutrition in Health Promotion Series: Self Study Modules	1985 (set) \$40.00	Dept of Family Medicine Ohio State University 456 Clinic Drive Columbus, OH 43210		X	X		X			These nine modules complement the earlier 16-module series on nutrition in primary care; strongly clinical in orientation; overall index and teaching guide also available.
HL Bonkowsky	Alcohol Use and Its Medical Consequences: A Comprehensive Teaching Program for Biomedical Education	1982-83 \$855.00	Milner-Fenwick, Inc 2125 Greenspring Drive Timonium, MD 21093	X	X	X		X			Covers a topic of importance since many malnourished Americans are alcoholics.
R Bozian	Nutrition and Health Series	1983-85 Purchase price \$3,150.00 Rental per tape \$60.00	Health Sciences Consortium 201 Silver Cedar Court Chapel Hill, NC 27514	X	X	X		X			A series of one-hour self-instructional audiovisual kits containing teaching guide, videocassettes, and post-tests; developed by Ohio Regional Medical Audiovisual Consortium; earlier kits are being revised and updated.
Food and Nutrition Information Center, US Dept of Agriculture	Audiovisual Resources in Food and Nutrition, Vol 2	1984 \$47.00	The Oryx Press 2214 North Central at Encanto Phoenix, AZ 85004		X	X		X			Listings of all currently available audiovisual materials indexed by the USDA Food and Nutrition Information Center from 1979 through 1982.
JM Jones	Nutrition Issues	1983 \$130.00	American Association of Cereal Chemists 3340 Pilot Knob Road St Paul, MN 55121		X	X		X			A 50-min videotape on consumer nutritional beliefs including discussion of carbohydrates, protein, fat, and other dietary components.

Author(s)/ Editor(s)	Title	Edition/ date/ cost	Publisher	Recommended for:			Reviewers' evaluations:			Review citation	Comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Do not recommend		
F Teaching modules and audiovisuals (cont)											
TW Sheehy	Famous Teachings in Modern Medicine Series: Vitamin Deficiency and Toxicity	1985 \$148.00	Medcom, Inc PO Box 116 Garden Grove, CA 92642		X	X		X			Focuses on various types of vitamin malnutrition and compares diagnostic approaches to each; photographs of signs and symptoms.
G Annual reviews											
GD Aurbach DB McCormick	Vitamins and Hormones: Advances in Research and Application	ongoing Vol 42 1985 \$49.50 Vol 43 1986 \$59.00	Academic Press 111 Fifth Avenue New York, NY 10003	X	X			X			
BM Barker DA Bender	Vitamins in Medicine Vol 1, 1980	ongoing US \$92.75 Canada \$129.90 Foreign \$102.05	Yearbook Medical Publishers 35 East Wacker Drive Chicago, IL 60601	X	X		X				Reviews of physiological, biochemical, nutritional, and clinical aspects of vitamins; individually authored chapters.
RE Olson E Beutler HP Broquist	Annual Review of Nutrition Vol 1 (1981) through Vol 7 (1987)	\$30-34 per vol	Annual Reviews, Inc 4139 El Camino Way Palo Alto, CA 94306	X	X	X					In-depth reviews on current subjects.
RS Rivlin	Contemporary Issues in Clinical Nutrition, Vols 8-10	ongoing \$36-58.00	Alan R Liss, Inc 41 East 11th Street New York, NY 10003		X	X		X			Ongoing series on subjects of current interest; three volumes per year, each on specific topic.
	Contemporary Issues in Clinical Nutrition, Vols 1, 2, 4, 5, 6, 7 (Vol 3—out of print)	\$23-37.50	Churchill Livingstone 1560 Broadway New York, NY 10036		X	X		X			

Recommended
for:

	Basic science	Clinical teaching	Continuing education	
H Journals and periodicals: primary				
American Journal of Clinical Nutrition	X	X	X	Edited for the physician or scientist who wishes to keep abreast of current progress in the field of clinical nutrition; peer reviewed; official journal of the American Society for Clinical Nutrition.
British Journal of Nutrition	X	X	X	An international journal devoted to the science of human and international nutrition; peer reviewed.
International Journal of Obesity	X	X	X	Oriented to both metabolic and behavioral aspects of obesity and to the development and treatment of obesity; published in collaboration with the Association for the Study of Obesity.
International Journal of Eating Disorders		X	X	Quarterly; original reports of biomedical and behavioral science investigations related to eating disorders.
Journal of the American Dietetic Association		X	X	Publishes original dietetic research, case studies, theoretical and review articles, and commentaries.
Journal of Dental Research	X	X	X	Original research including experimental and clinical nutrition as related to dental diseases; peer reviewed.
Journal of Parenteral and Enteral Nutrition	X	X	X	Original articles dealing with parenteral and enteral nutrition interests of surgeons, dietitians, nurses, and hospital pharmacists; official publication of the American Society for Parenteral and Enteral Nutrition.
Journal of Nutrition	X	X		Edited for nutrition scientists and related research workers engaged in experimental nutrition; peer reviewed; official journal of American Institute of Nutrition.
Journal of Nutrition Education		X	X	Stimulates interest and research in applied nutritional sciences and disseminates information to educators and others concerned about positive nutritional practices and policies; peer reviewed.
Journal of the American College of Nutrition	X	X	X	International journal of original articles on basic research and clinical applications; peer reviewed; official journal of the American College of Nutrition.
Nutrition Abstracts and Reviews	X	X	X	Provides critical, authoritative, up-to-date reviews in areas of importance to clinical nutrition.
Nutrition and Metabolism	X	X	X	Articles and studies concerned with nutrition, metabolic disease, and dietetics.
Nutrition Reviews	X	X	X	Enables professional nutritionists to keep up with current progress in nutrition through unbiased reviews of research literature; published by the Nutrition Foundation.
Nutrition Reports International	X	X	X	Concise reports of original research in the areas of clinical and experimental nutrition; provides a medium for rapid communication of advances and newer knowledge of nutritional biochemistry and food sciences.
Nutritional Support Services		X	X	Forum for communication, dialogue, and debate among professionals in nutrition field; very practical; peer reviewed for clinical articles.

	Recommended for:			
	Basic science	Clinical teaching	Continuing education	
H Journals and periodicals: secondary				
Alcoholism: Clinical and Experimental Research		X	X	Frequently contains papers on nutritional disorders associated with alcoholism.
American Journal of Public Health		X	X	Research, reviews, commentaries, and program evaluation relating to public health; peer reviewed.
Annals of Internal Medicine	X	X	X	Clinical, laboratory, socioeconomic, cultural, and historical topics pertinent to internal medicine and related fields; all manuscripts are read by the editor; most are peer reviewed.
Annals of Surgery			X	Devoted solely to the surgical sciences.
Caries Research	X	X	X	Original articles relating to diet, food, and dental caries.
Current Concepts in Nutrition	X	X		Each volume deals with a different subject.
Digestive Diseases and Sciences	X	X	X	Articles on gastroenterology and gastrointestinal problems. (Formerly American Journal of Digestive Diseases.)
Drug-Nutrient Interactions	X	X		Quarterly; biomedical and behavioral research in nutrition, pharmacology, and toxicology, refereed.
Gastroenterology	X	X		Devoted to clinical and basic studies of the digestive tract and liver.
Journal of Clinical Investigation	X	X	X	Original papers on research pertinent to human biology and disease.
Journal of Dietetic Software	X	X	X	Software for nutrition, dietetics, and food science professionals.
Journal of Lipid Research	X	X		Scientific papers dealing with the chemistry, biochemistry, and metabolism of lipids including morphological and clinical studies; peer reviewed.
Journal of Pediatrics	X	X	X	Adolescent health care; ambulatory care; child health services; preventive approaches to health via research case studies.
Journal of Pediatric Gastroenterology and Nutrition		X	X	International forum for clinicians and scientists; an international journal of clinical, experimental, and developmental investigations.
Journal of Surgical Research		X		Original articles dealing with clinical and laboratory investigations pertinent to surgical management and teaching of surgery.
Metabolism, Clinical and Experimental	X	X	X	Articles with definite metabolic application concerned with nutrition, endocrines, genetics, dystrophies, diabetes, and gout.
Pediatric Research	X	X	X	An international journal of clinical, laboratory, and developmental investigation.
Pediatrics	X	X	X	Adolescent health care; ambulatory care; child health services; health care delivery systems; health manpower; health and medical economics; laws/legislation and health care; outpatient services; preventive approach to health via research, case studies, commentaries, reviews, and theoretical articles.

Addendum

The following was inadvertently omitted from the special article "Guide to materials for use in teaching clinical nutrition in schools of medicine, dentistry, and public health II," *AJCN* 1987; 45:643-60

Author(s)/ Editor(s)	Title	Edition/ date/ cost	Publisher	Recommended for:			Reviewer's evaluations:			Review citation	Comments and notes
				Basic science	Clinical teaching	Continuing education	Excellent	Good	Do not recommend		
<i>H. Journals and periodicals: secondary (cont)</i>											
	Progress in Food and Nutrition Science				X						Monthly; critical review of topical subjects on current dietary practices and causality of disease; human and animal nutrition, food science and technology, biochemistry, immunology, and toxicology.
	Surgery				X						Concise, original articles in clinical and experimental surgery as well as surgical education; peer reviewed.
<i>I. Newsletters</i>											
Anonymous	Dairy Council Digest	ongoing US \$3.50 Foreign \$5.00	National Dairy Council 6300 N River Road Rosemont, IL 60018		X	X					Bimonthly; concise, documented reviews of single topic per issue; reviewed by researchers active in appropriate field.
Anonymous	Dietetic Currents	ongoing complimentary	Ross Laboratories 625 Cleveland Avenue Columbus, OH 43216		X	X		X			Clear, clinically oriented, practical reviews of nutrition in clinical practice.
Anonymous	Diet and Nutrition Newsletter	ongoing \$18.00/yr	Tufts University School of Nutrition Medford, MA 02155		X	X		X			Monthly reviews of nutrition topics of current interest.
Anonymous	Nutrition and Health	ongoing US \$18/yr Foreign \$24.00/yr	Institute of Human Nutrition Columbia University Coll of Phys and Surg 701 W 168th Street New York, Ny 10032		X	X		X			Bimonthly.

Author(s)/ Editor(s)	Title	Edition/ Date/ Cost	Publisher	Rec. for Rev. Eval.						Review citation	Comments and notes
				BS	CT	CE	E	G	DR		
H. Journals and periodicals: Secondary (Cont'd)											
	Progress in Food and Nutrition Science				X						Monthly; critical review of topical subjects on current dietary practices and causality of disease -human and animal nutrition, food science and technology, biochemistry, immunology, and toxicology.
	Surgery				X						Concise, original articles in clinical and experimental surgery as well as surgical education. Peer reviewed.
<i>I. Newsletters</i>											
Anonymous	Dairy Council Digest	ongoing \$5.00	National Dairy Council 6300 N. River Road Rosemont, IL 60018		X	X					Bi-monthly; concise, documented reviews of single topic per issue, reviewed by active researchers in appropriate field.
Anonymous	Dietetic Currents	ongoing	Ross Laboratories 625 Cleveland Avenue Columbus, OH 43216		X	X		X			Clear, clinically oriented, practical reviews of nutrition in clinical practice.
Anonymous	Diet and Nutrition Newsletter	ongoing	Tufts University Medford, Massachusetts 02155		X	X		X			Monthly reviews of nutrition topics of current interest.
Anonymous	Nutrition and Health	ongoing	Institute of Human Nutrition Columbia University Coll. of Phys. and Surg. 701 W. 168th Street New York, NY 10032		X	X		X			Bi-monthly.